

Firecracker 4M- Saratoga Springs**Fastest times (Since YR 2007)**

MEN - Name	Year	Time
1} Grant O'Connor (CT)	2025	18:55
2} Tyler Berg	2024	18:58
3} Eliud Ngetich (Ken/ CT)	2019	19:00
4} Kyle Gronostaj	2019	19:09
5} Shea Weilbacher	2022	19:11
6} Garrett Kenyon	2019	19:13
6} John Busque {CT}	2017	19:13
8} Benard Mwangi (Ken)	2014	19:19
8} Shea Weilbaker	2021	19:19
8} Alex Norstrom (CT)	2022	19:19
11} David McCarthy {IRL}	2011	19:21
12} Demetri Goutos	2014	19:22
13} Ricardo Estremera, 31	2017	19:23
14} Ruban San'A {MA}	2019	19:24
14} Ryan Udvardia	2021	19:24
16} Ben Fazio	2017	19:26
17} Patrick Geoghegan	2015	19:27
18} John Busque	2019	19:28
19} Ricardo Estremera	2014	19:31
20} Ryan Udvardia	2019	19:34

Women - Name

1} Alice Kamunya {Ken}	2014	20:32
2} Megan Hogan	2014	20:40
3} Megan Hogan	2013	20:56
4} Hannah Davidson	2015	21:08
5} Hannah Davidson	2014	21:29
6} Charlotte Richman	2025	21:40
7} Lindsey Scherf	2019	21:48
8} Cara Sherman	2021	22:01
9} Kelsey Chmiel*	2017	22:04
10} Kelsey Chmiel*	2018	22:09
11} Cara Udavdia	2025	22:10
12} Emily Bush	2025	22:12
13} Hannah Davidson	2012	22:22
14} Kelsey Chmiel*	2016	22:23
15} Hannah Davidson *	2007	22:27
16} Angie Rafter (CT)	2022	22:28
17} Nicole Moslander 37	2024	22:29
18} Hannah Davidson	2011	22:38
19} Michaela Hackett	2021	22:39

20} Amanda Chambers

2024

22:40

* HS athlete

Masters Division *

Women

Division	Name / Age	Year	Time
35-39	Nicole Moslander 37	2024	22:29
	Sara Dunham 38	2015	22:53
	Karen B Hughes 38	2022	22:57
	Trish Longo 35	2025	23:01
	Diane Ryan 35	2017	23:02
40-49	Karen B Hughes 40	2024	22:57
	Karen B Hughes 41	2025	23:01
	Diane Ryan 41	2023	23:08
	Renee Tolan 40	2015	23:13
50-59	Lori Kingsley 51 {PA}	2017	24:53
	Lori Kingsley 56 {PA}	2022	25:26
	Emily Bryans 51	2019	26:53
60-69	Beth Stalker 62	2022	27:58
	Judy Phelps 61	2012	28:56
	Judy Phelps 62	2013	29:14
70-79	Erika Oesterle 70	2022	34:28
	Martha Degrazia 71	2022	34:56
	Erika Oesterle 71	2023	35:00
80+	Pat Zemianek 82	2023	44:17

Men

30-39	Ricardo Estremera 31	2017	19:23
	Nate Jenkins (MA) 35	2014	19:43
	Everett Hackett {CT}	2022	19:45
40-49	Lou Dinuzzo 41	2023	20:57
	Anthony Giuliano 42	2021	21:04
	Lou Dinuzzo 42	2024	21:05
	Nick Conway 48	2023	21:07

50-59	Nick Conway 50	2025	20:26
	John Stadtlander 50	2016	22:01
	Derrick Staley 53	2012	22:10
	Derrick Staley 55	2014	22:16
60-69	Derrick Staley 63	2022	24:27
	John Noonan 61	2021	25:09
	Derrick Staley 64	2023	25:10
	Lee Pollock 60	2013	25:26
70-79	Dave Glass 70	2017	27:55
	Mike Fazioli 71	2022	29:41
80+	Chris Rush 81	2017	40:04

World Class Performances (AG 90%+) -

High School

2019	Ella Kurto 14	22:51	90.66%
2018	Kelsey Chmiel 16	22:09	90.00%
2017	Kelsey Chmiel 15	22:04	91.83%
2016	Kelsey Chmiel 14	22:23	92.28%
2015	Kelsey Chmiel 13	22:44	92.73%
	Peyton Engborg 14	22:57	90.00%

Post Collegiate

2014	Alice Kamunya 23	20:32	93.51%
2014	Megan Hogan 26	20:40	92.90%
2015	Hannah Davidson 25	21:08	90.00%
2022	Lori Kingsley 56	24:53	89.91%

Men's best AG results - Near World Class -

2025	Nick Conway 50	20:26	92.74%
2014	Derrick Staley 55	22:16	89.52%
2019	Eliud Ngetich 27	19:00	88.95%
2017	Derrick Staley 58	22:59	88.91%
2012	Derrick Staley 53	22:10	88.42%

2019	Kyle Gronostaj	19:08	88:33%
2025	Grant O'Connor 28	18:55	88:28%
2023	Nick Conway 48	21:07	88:25%
2024	Tyler Berg 23	18:58	88:14%